






HELP THEM FIND THE RIGHT PEDIASURE®

take a look at the nutrition inside each PediaSure product to help find the right solution

	NUTRITION TO HELP KIDS GROW				NUTRITION TO HELP FILL GAPS
Product	 <p>PediaSure® Grow & Gain</p> <p>Clinically proven* to help kids grow</p>	 <p>PediaSure® Grow & Gain with Fiber</p> <p>Fiber supports regularity</p>	 <p>PediaSure® Grow & Gain Shake Mix</p> <p>Just mix with water</p>	 <p>PediaSure® Grow & Gain Organic</p> <p>USDA organic with no artificial colors or flavors</p>	 <p>PediaSure SideKicks®</p> <p>Helps fill gaps with 40% more protein† and 25% fewer calories‡</p>
Serving Size	8 fl oz	8 fl oz	1/3 cup (49g of powder)	8 fl oz	8 fl oz
Calories	240	240	220	240	180
Protein	7g	7g	6g	7g	10g
Total Fat	9g	9g	9g	9g	6g
Fiber	<1g	3g‡	<1g	<1g	3g‡
Vitamins & Minerals	27	27	23	27	27
DHA Omega-3	32mg	32mg	8mg	32mg	–

All PediaSure drinks are:  kosher  gluten-free  suitable for lactose intolerance§
Get more nutrition details at [PediaSure.com](https://www.PediaSure.com)

* Studied in children at risk for malnutrition.

† Than PediaSure Grow & Gain. PediaSure SideKicks – 10g protein and 180 calories per 8 fl oz; PediaSure Grow & Gain – 7g protein and 240 calories per 8 fl oz.

‡ Per 8-fl-oz serving, PediaSure with Fiber has 9g total fat and PediaSure SideKicks has 6g total fat.

§ Not for children with galactosemia.

The nutrition information above was updated to reflect new FDA guidelines for the Nutrition Facts label. The new design and information will be on all PediaSure labels printed after 12/31/2019, so you may still see labels without these changes for a short time after this date.

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