

To assist you, OPHP has prepared the following checklist of documentation needed to establish your monitoring agreement and the completion of enrollment, and your OPHP return to work.

- OPHP demographic and intake form – located at [www.ophp.org/forms](http://www.ophp.org/forms)**
- Copy of your discharge summary from your treatment provider**
- Copy of your continuing care agreement from your continuing care provider**
- Copies of all current medications and/or prescriptions and**
- Copy of your return-to-work evaluation by the Medical Director of your treatment provider.**

Once all documentation has been received, your monitoring agreement will be prepared and an enrollment appointment can be scheduled. All monitoring agreements are completed during an enrollment appointment and are required to be held in-person. OPHP will make every effort to schedule your enrollment appointment and return-to-work evaluation on the same day.

The information referenced above can be emailed to [info@ophp.org](mailto:info@ophp.org) or faxed to (614) 469-9580.

**For more information about the One-Bite Program please call (614) 841-9690.**



Ohio Physicians  
Health Program



## One-Bite Program

130 E. Chestnut Street, Suite 400 | Columbus, OH 43215  
Phone: (614) 841-9690 | Fax: (614) 469-9580  
[Info@ophp.org](mailto:Info@ophp.org) | [www.ophp.org](http://www.ophp.org)

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The Ohio General Assembly established a program that allows an eligible practitioner who is impaired due to a substance use disorder to avoid formal disciplinary action by the State Medical Board of Ohio (SMBO) by utilizing established confidential monitoring and treatment conditions as defined in Ohio Revised Code (ORC) 4731.251 and 4731.252- this is known as the One-Bite Program. The One-Bite Program is available for all individuals licensed by the SMBO.

The Ohio Physicians Health Program (OPHP) is approved by the State to serve as the monitoring organization responsible for determining whether a practitioner is eligible to participate in the One-Bite Program and for conducting the One-Bite Program. OPHP shall not disclose to the SMBO the name or any records relating to a participant under the One-Bite Program unless certain conditions exist and in accordance with ORC 4731.251(D).

In order to comply with the terms of the One-Bite Program and to maintain eligibility, a practitioner must adhere to the following:

1. Be determined eligible for the One-Bite Program by OPHP based on the following:
  - You have been diagnosed with a substance use disorder;
  - You have not previously participated in the One-Bite Program or the reporting exemption under Chapter 4731-15 of the Ohio Administrative Code; and
  - You have not had any prior disciplinary action for substance use disorder or impairment by a licensing board in Ohio.
2. Complete a 72-hour comprehensive evaluation at a Board approved One-Bite Program treatment provider.
3. Complete treatment as recommended at a Board approved One-Bite Program treatment provider.
4. Suspend practice for a minimum of 30-days. Be determined capable of practicing according to acceptable and prevailing standards by:
  - The Medical Director of the One-Bite Program treatment provider where you completed treatment; and
  - The Medical Director of OPHP.
5. Within 1-week of completion of treatment, enter into a continuing care agreement with a One-Bite Program approved continuing care provider. Continuing care shall occur weekly for a minimum of six months.
6. Enter into a monitoring agreement with OPHP for at least 5-years.
7. Successfully complete the monitoring agreement and be released by the Medical Director of OPHP.

